

TRAVELING ... Rulebook 4-44, Page 40; Casebook Pages 38-40

ABSOLUTES ...

A Player Cannot Travel Without HOLDING a Live Ball Inbounds

A Player Cannot Travel While DRIBBLING a Live Ball Inbounds

If you THINK He Did ... He Didn't ... YOU MUST KNOW!

MUST KNOWS ...

What Foot is the PIVOT FOOT? Identify Immediately!

What Movements are in "Excess of the Prescribed Limits," ...

what movements are LEGAL and what movements are ILLEGAL?

A player may not lift her pivot foot and place it on the court while in possession of the ball and not dribbling!

THE PIVOT FOOT ... Legally, A

Player may gain control of the ball with BOTH feet on the floor:

... Either foot may become the Pivot Foot. When one foot is lifted the other foot becomes the Pivot Foot.

Player may gain control of the ball with ONE foot on the floor:

... The foot on the floor IS the player's Pivot Foot.

Player may gain control of the ball with NO feet on the floor:

... The FIRST foot to touch the floor is the pivot foot.

... If both feet land on the floor at the same time, EITHER foot may be the pivot foot. When one foot is lifted the other foot becomes the Pivot Foot.

... Player may land on one foot and jump off that same foot and land on both feet simultaneously (at the same time!!)

(JUMP STOP). NEITHER foot can be a pivot foot in this case!

AFTER A PLAYER'S PIVOT FOOT IS ESTABLISHED:

... The pivot foot MAY NOT be lifted before the ball is Released to start a dribble.

... The pivot foot MAY be lifted on a Pass or Try for Goal, but not returned to the floor before the ball is released on a Pass or Try.

A PLAYER, WHILE HOLDING A LIVE BALL:

... May not touch the floor with any part of his body except his hand(s) or feet.

... If a player gains control of the ball while already touching the floor with more than her hands or feet, she may not attempt to get up, may not roll over, or stand ... she may begin a dribble, pass, shoot, or call time-out.

If she is lying on her stomach, back, or side, she may not roll over.

If she is lying on her back she may not roll over but may rise to a seated position.

A PLAYER DIVING FOR THE BALL ON THE FLOOR ...

... A player who dives for the ball and slides on the floor may cover a lot of distance. Legal, as long as it is the MOMENTUM of the player that is causing the player to move across the floor.

- *A PLAYER MAKING A THROW-IN CAN NEVER TRAVEL!*
- *A HIGH PERCENTAGE OF "SPIN MOVES" ARE VIOLATIONS!*
- *WATCH FOR "SOFT-STEP" TRAVELS, ESPECIALLY DURING A PLAYER'S PREPARATION FOR OUTSIDE TRYS FOR GOAL.*
- *DO NOT ALLOW (bump bump) ILLEGAL JUMP STOPS AND DO NOT ALLOW ILLEGAL STEPS AFTER LEGAL JUMP STOPS!*